



## **JOBS LLC (Life Learning Concepts)**

"Jobs LLC" workshops are presented by the Fond du Lac County Department of Social Services (a Job & Career Center partner agency) and the University of Wisconsin-Extension. The classes are held at the Job & Career Center, 349 N. Peters Avenue, Fond du Lac. These classes offer individuals practical information on dealing with the daily strains of working and raising a family. The job and life skills taught in these workshops will serve as a life-long resource for participants.

The following workshops will be offered in **December 2005**. To register call Michelle Mailand, Job & Career Center at 929-3941 or Sue Siegesmund, UW-Extension Office at 929-3174. You can also fill out the attached registration form. Monthly schedules are also available at this web site: <http://fonddulac.uwex.edu/flp/educationemploy.html>

### **A Winning Attitude**

**Wednesday, December 7 – 8:30 to 10:30 a.m.**

A positive attitude is one of the single most important qualities that employers look for. Learn how to work towards a more positive attitude and leave behind the negative.

**December 21 – No Class – Holiday Break**

**December 28 – No Class – Holiday Break**

### **Money For Food**

**Thursday, December 8 - 9:00 to 11:00 a.m.**

Many families report that they frequently, or occasionally, run out of food or eat less than they should because of lack of resources. Participants will learn strategies to be better able to purchase adequate, nutritious food and make it last throughout the month.

### **Anger: A Normal Human Emotion**

**Wednesday, December 14 – 8:30 to 10:30 a.m.**

The way we respond to a thought, a situation, or a behavior determines whether or not we experience anger. Learn how to recognize anger and anger triggers, and how to channel anger in positive ways.



Request for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as early as possible prior to the program or activity so that proper arrangements can be made. Requests are kept confidential.



## Registration Form for "Jobs, LLC"

This form can be turned in at the front desk of the Job & Career Center, 349 N. Peters Avenue,  
OR mailed/faxed/phoned in to Sue at the UW-Extension Office, 227 Admin/Extension Bldg.,  
400 University Dr., Fond du Lac, WI 54935 • Phone: (920) 929-3174 • FAX #(920) 929-3181

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

I wish to be enrolled in the following classes:

\_\_\_\_\_ **A Winning Attitude**  
**Wednesday, December 7 – 8:30 to 10:30 a.m.**

\_\_\_\_\_ **Money for Food**  
**Thursday, December 8 - 9:00 to 11:00 a.m.**

\_\_\_\_\_ **Anger: A Normal Human Emotion**  
**Wednesday, December 14 – 8:30 a.m. to 10:30 a.m.**

**December 21 – No Class – Holiday Break**

**December 28 – No Class – Holiday Break**



As a reminder: Use the calendar on the back of the course list to circle the dates for the classes you've registered for. Place it on your refrigerator or somewhere you'll be sure to see it.

*Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as early as possible prior to the program or activity so that proper arrangements can be made. Requests are kept confidential.*

*The University of Wisconsin-Extension provides affirmative action and equal opportunity in education, programming and employment for all qualified persons regardless of race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental, arrest or conviction record or veteran status.*

10/20/05

