

Fall 2015

Patty's garden notes...

This is the final garden newsletter for 2015. Gardens will close Sat., October 24. Garden tilling is scheduled any time after that.

I want to stress what needs to be done when cleaning out your garden plots. Only the large garden stakes that mark the plots get stored at the gardens for next year. Please place them on the two wheel cart by the south garden shed. We **DO NOT** store any of the other sticks or branches, etc. – Please take them home and store them or take them to the city to recycle.

ALL twine/string and wire and old tomato cages etc. - other items used in the plots must be taken out **and taken home**. Again -We **DO NOT** store any of these things at the garden site and we don't have trash pick-up. Clean out and take home all water jugs and trash, etc. Placing these items on the edge of the garden, only causes work for us. It belongs in your home trash or

recycle bins! These items make a home for rodents when left at the gardens edge.

I have noticed many have not kept the area on their garden edges free from weeds. We try to keep the garden areas mowed to reduce the problems with rodents, but these weedy areas make a good home for them to hide. It clearly states in the garden rules, that it is part of your responsibility to keep that area free from weeds. I would also like to see us come up with a plan to keep the weeds down in the empty plots. The cover crop really looks nice and I will work toward finding more funding to help accomplish this project in other unused areas next year.

If you would like to donate extra produce from your garden, a list of food pantries is listed on the next few pages. I have also included a link you can go to for tips on freezing fruits and vegetables: <http://learningstore.uwex.edu/Assets/pdfs/B3278.pdf>.

Best Ever Vegetable Soup

Ingredients

- 1 large meaty beef bone
 - 2 medium potatoes -- sliced
 - 3 carrots -- sliced
 - 1/2 cup cabbage -- sliced
 - 1 cup celery -- chopped
 - salt and pepper
 - 1/3 cup raw rice
 - 1 small onion -- sliced
 - 1 cup green beans -- cut up
 - 1/2 cup green peas
 - lots of parsley
- 1) Boil the beef in enough water to cover, plus 2 additional quarts until the meat falls off of the bone.
 - 2) Add the rice and boil for 15 minutes, then add

the vegetables and continue boiling until they are tender but not mushy - about 20 minutes.

- 3) Cut the meat into bite sized pieces, keeping it hot in the soup.
- 4) Add the parsley and serve.

* Exported from MasterCook *





Wisconsin Nutrition Education Program

<http://fonddulac.uwex.edu/nutrition-education>

Fond du Lac and Green Lake Counties

UW-Extension Office Fond du Lac County
227 Administration/Extension Bldg., 400 University Drive
Fond du Lac WI 54935 ♦ (920)929-3174
<http://fonddulac.uwex.edu>

UW-Extension Office Green Lake County
Box 3188, 571 County Road A
Green Lake WI 54941 ♦ (920)294-4032
<http://greenlake.uwex.edu>

Fond du Lac County Area Food Resources

| Site | Address | Phone | Eligibility/ Other Site Information |
|-------------------------------|--|---|---|
| Assembly of God Church | 825 Fond du Lac Ave., Fond du Lac WI 54935 | (920) 922-3990 | Food Pantry - By referral only, please call ahead. Monday -Thursday 9:00 a.m. to 12:00 p.m. |
| Brandon Food Pantry | P O Box 312 115 Center St. Brandon WI 53919 | (920) 273-9196 | Food Pantry – Anyone in need of food in the Rosendale/Brandon areas. Open 3 rd Wednesdays of each month from 1:30 to 5:00 p.m. |
| Broken Bread | St. Paul's Cathedral 51 W. Division St. Fond du Lac WI 54935 | (920) 921-3363, Ext. 6 (church) (920) 904-7026 (Terry Hansen-Beno) | Community Meal - Eligibility: None – Please bring box for groceries. Perishable foods and light meal available every Friday, 2:00 to 6:00 p.m. Contact: Terry Hansen-Beno or church. |
| Fondy Food Pantry | 51 W. Division St. Fond du Lac WI 54935 | (920) 322-0369 (Office) (920) 904-7026 (Terry Hansen-Beno) | Food Pantry - Food boxes available on an “every other month” basis. Referrals can come from St. Vincent de Paul Society, Social Services, ADVOCAP, churches & other agencies. Agency pick up times: Monday through Thursday – 9:00 a.m. to 1:00 p.m. Limited personal care products available w/food box. |
| Grace Christian Church | 1596 4 th St. Fond du Lac WI 54935 (corner of 4 th St. & Hwy. K) | (920) 923-5292 | We Care Food Pantry – open Monday through Thursday, 9:00 to 2:00. Call prior to visit. Ruby's Pantry – 2 nd Thursday of each month. Registration 5:00 to 6:00 p.m. (Request a \$20.00 cash donation at registration). Distribution at 6:00 p.m. Please bring your own bags to transport food. |
| Holyland Food Pantry | St. Paul's United Church of Christ N10362 St. Paul Road Malone WI 53049 | (920) 849-2145 (Sue Schultz) (920) 795-4505 (church) | Food Pantry –Distribution is held the 3 rd Friday of each month. Serving northern Fond du Lac Co. and southwestern Calumet Co., (the Holyland area). No income requirements or cost for food. Will assist with emergency food situations. Contact: Sue Schultz or Pastor Gary Miller |
| Loaves & Fishes | Church of Peace | (920) 921-8215 (920) 904-5556 | Community Meal - Eligibility: None. Hot Meal, milk, bakery. Mondays & Wednesdays, Carry Out Meals: 5:00 to 5:30 p.m. Eat in: 5:30 to 6:00 p.m. |

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|--|---|---------------------------------|---|
| | 158 S. Military Rd. Fond du Lac WI 54935 | | |
| Lomira Area Food Pantry | Trinity United Methodist Church, 300 Church St, Lomira WI 53048 | (920) 979-3041 | Commodities/Food Pantry - 2 nd & 4 th Saturday of month – 10:00 to 11:00 a.m. Contact: Ralph Germain or Walter Rekowski. |
| Oakfield Community Food Pantry | Oakfield Elementary School 200 White St., Oakfield WI 53065 | (920) 948-0393 | Food Pantry - 1 visit per month. Open to residents of Oakfield School District. Wednesday, 4:00 to 6:00 p.m. Enter East Doors near Child Care Center. |
| Presentation Church Food Pantry | 706 Michigan Avenue N. Fond du Lac WI 54937 | (920) 922-3650 | Food Pantry – Contact: St. Vincent De Paul |
| Ripon Community Dinner | First Congregational Church, 220 Ransom St., Ripon WI 54971 | | Community Meal – Eligibility: None. Held the 4 th Tuesday of each month 5:00 to 6:30 p.m. Each household attending receives a non-perishable food item. Contact: Dale Both |
| Ripon Community Thrift Store & Food Pantry (Traded Treasures) | 102 E. Jackson St. Ripon WI 54971 | (920) 748-5756 | Commodities/Food Pantry - Food distributed on Mondays. Emergency food distributed any time. Contact: Amy Pollesch |
| Ripon Food Pantry | Distribution Site: St. Catherine of Sienna Church | (920) 748-3196 | Food Pantry - Eligibility: Ripon area resident. Emergency food pantry. Call: Monday through Thursday, 9:00 to 11:00 a.m. Contact: Mary Albright |
| St. Matthew's Food Pantry | St. Matthew's Parish Center, 419 Mill St., Campbellsport WI 53010 | (920) 533-4441 | Food Pantry - Eligibility: Referral from clergy or Social Services. Emergency food pantry – Monday through Friday, 8:00 a.m. to 4:30 p.m. by appt. |
| Salvation Army | 237 N. Macy St. Fond du Lac WI 54935 | (920) 923-8220 | Food pantry – Monday, Tuesday, Thursday, Friday 9:00 am to 12:30 p.m.; Wednesday, 9:00 to 11:30 a.m. and 12:30 to 5:00 p.m. (closed 11:30 to 12:30); Can receive food once a month. Eligibility: Income guidelines, resident of Fond du Lac County. Must provide two proof of address items (within the county), photo ID, and birthdates for all members of household. Sign up at Salvation Army. Commodity Foods – An emergency food assistance program. Guidelines – 185% of poverty, proof of residency & picture ID. Sign up at Salvation Army. |
| Salvation Army Extension Service Unit | | (920) 924-8654 | Emergency Assistance for persons living in Ripon, Rosendale, Brandon & Fairwater. |
| The Sharing Table | Grace Lutheran Church 430 W. Griswold Ripon WI 54971 | (920) 748-5433 Church Office | Community Meal - 2 nd Tuesday of each month, 5:00 to 6:30 p.m. Meals provided by community volunteer groups. Open to anyone who would like to eat a nutritious meal with others. No fee. No reservations needed. Contact: Leesa McShane |

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|---------------------------|--------------------------------------|---|---|
| Waupun Food Pantry | 12 S. Mill Street Waupun WI 53963 | (920) 324-4000 Call Tues. – Fri. 9:00 am -4:00 pm Monday 9 am-12:00 pm | Food Pantry - Eligibility: Use WI Income Guidelines (% of Poverty). Non-perishable, canned goods and personal products. Free clothing also available. Also Salvation Army Voucher writer. One visit per month. Free meal on Fridays, 11:00 a.m. to 1:00 p.m. Food distribution also on Fridays, except in an emergency. Offer bag lunches for kids Monday through Friday 11:00 a.m. to 1:00 p.m. |

This information is provided by:



Fond du Lac County

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